

ON YOUR SKI HOLIDAY

# PACKING FOR YOUR SKI HOLIDAY

Packing for a snow holiday if you've never been before can be a daunting task.

However, here we make it easy for you to prioritise what to include and what not to forget.

The basic concept is proper preparation prevents problems, so here's what you need to do....



This List was first prepared by the Ski Rider Hotel, Wilsons Valley Please click on the link below to visit their Website





Is all the snow at Perisher this winter putting you in the mood to log some family time shushing down the slopes? Dreaming of watching your kids learn to ski or try their hand at boarding?

At Ski Rider we want to make sure you and your family enjoy an excellent Perisher snow holiday, so we've created an extensive checklist outlining what to pack for your skiing holiday. We've even broken it down for each family member so it's easier to grab everything you need!

### **EVERYONE**

#### WHEN PACKING CLOTHES

#### **THINK**

- · Hanging Out
- · Going Out
- · Sleeping

#### LAYER UP

Make sure to pack layers, so if you get hot you can peel them off!

- Waterproof Ski Jacket
- Waterproof Ski Pants
- Warm Socks
- Neck Warmer or Scarf
- Warm Hat or Beanie
- Snow Boots
- Sunglasses
- Long Underwear
- Ski Socks
- Jumpers and/or Fleece
- Gloves and an extra Pair
- Hand and Toe Warmers
- Non-Skiing Clothes and Shoes
- Toiletries
- Health/Travel Insurance Info
- Chapstick
- Sunscreen and/or Lip Balm
- Aftersun Lotion
- Books and/or Magazines
- Energy Snacks

### SKI / SNOWBOARD GEAR

- Skis
- Snowboard
- Ski poles
- Ski/board boots
- Helmet
- Ski Goggles
- Snowboard Leash
- Ski Bag

#### SNOWBOARDING?

Make sure to get a jacket that covers your bum!

No one wants a wet behind all day.

### MUM

- Reservation Letters/E-mail Confirmation from Hotel
- Ski Passes/Lift Tickets or Confirmations of Purchase
- Credit Card / Debit Card
- Antibacterial Wipes/Wet wipes for Car & Post Bathroom Breaks
- First Aid Kit (Consider including items such as indigestion-relief tablets, antacid, anti diarrhoea medicine, antihistamine, bandages, non-aspirin pain reliever, thermometer, tweezers, plasters, Panadol or Nurofen).
- Epipen Plus Spare and any Regular Medication for Everyone
- Laundry Detergent and Dryer Sheets
- Bag for Dirty Clothes

#### A GOOD TIP

## DAD

Make sure each child tries on all items before you leave for your snow holiday as you'd hate to get there and realise that the ski pants don't fit anymore!)

- Wallet
- Credit Card and Cash
- Car Insurance Info
- Maps and/or Navigation Device
- iPad loaded with Movies
- Spotify Lists set to download so you can play songs offline
- Chargers for all Electronic Devices (Phones, iPads, iPods, Camera, etc.)
- Extra Batteries for any Devices/Toys that use them
- DVDs (for the Car if you have it as well as at the Hotel on your Laptop)
- Snow Chains (legally required for 2WD) You Must Know How to Fit Them
- Double Check that your Radiator has Good Antifreeze
- Fill up with Alpine Diesel at a Local Perisher Service Station if your car uses Diesel
- Torch or Light App for your Smart Phone
- Hire or Purchase Safety Gear

#### GOOD ADVICE

A family ski holiday takes a bit of planning to make sure everything goes smoothly. The last thing you want when you head off is to forget some key element that will make your children upset or start the trip off on the wrong foot. So keep this checklist handy and you can arrive knowing your ski packing was efficient as humanly possible.

### TEENS & TWEENS

- Headphones for watching Movies, playing Music and Games
- Laptop/iPad/Tablet for watching Movies or playing Games
- The latest Teen Vampire Novel
- Personal Phone/iPad/iPod/Kindle
- Travel Pillow

### **TODDLERS**

- Favourite Cuddle Toys and/or Dummies
- Reading or Bedtime Books
- Colouring Books, Activity Books and Crayons
- Plug-in Night Light

### BABIES

- Favourite Toys and/or Blankets
- Baby Monitor (both parts)
- Booster Seat
- Sippy Cups
- Bibs (the only bib you'll ever need)
- Bottles and Formula (if still using),
- Baby Food
- Dummies
- Nappies/Nappy Cream/Wipes/Disposable Bags
- A packed Travel Bag for going up to the Resort Nappies,
   Wipes, Change Mat, Toys for distracting during Meals
   Out, extra Dummies, Snacks and Bottles.

#### DON'T FORGET

Double Check Everything!!!